



# Guilherme Arabolaza

Actor (he/him)

**nationality** portuguese & spanish  
**height** 1,74 cm | **eyes** brown | **hair** black  
**PT** native | **ES** native | **EN** fluent | **IT** fluent

[guilherme@arabolaza.com](mailto:guilherme@arabolaza.com)  
[www.guilhermearabolaza.com](http://www.guilhermearabolaza.com)

## CINEMA

<b>Year</b>	<b>Film</b>	<b>Role</b>	<b>Director</b>	<b>Production</b>	<b>Language</b>
2023	Terra Azul	Border guard	Dinis M. Costa	BRO Cinema	Spanish
2023	Desenquadrado	Boyfriend	Tomás Afonso	Restart	Portuguese
2023	El Peón	Fear	José Monterrosa	Universal Arts School	Spanish
2023	Cliché	Xavier	Rodrigo Pedras	Lusófona Filmes	Portuguese
2022	VITA	Paco	Nuno Figueiredo	Universal Arts School	English
2022	Peça a Peça	Isaak	Catarina Norberto	Lusófona Filmes	Portuguese

## STAGE

<b>Year</b>	<b>Show</b>	<b>Director</b>	<b>Location</b>	<b>Language</b>
2024	Grease	António Pires	Teatro do Bairro, Lisbon	PT & English
2023	OGE 1.0	Carolina David	Casa Cheia, Lisbon	Portuguese
2023	Maria da Fonte	Ricardo Neves-Neves	Centro Cultural de Belém, Lisbon	Portuguese
2023	Cyrano de Bergerac	Pétronille de Saint-Rapt	Teatro Meridional, Lisbon	Portuguese
2022	Partilhar Os Lusíadas	Sofia de Portugal	Fábrica do Braço de Prata, Lisbon	Portuguese
2022	Doismilevinteedois	Cão Solteiro & V. Araújo	Teatro Municipal São Luiz, Lisbon	Portuguese
2009	Odisseia Cabisbaixa	Carlos J. Pessoa	Teatro Municipal São Luiz, Lisbon	Portuguese

## COMMERCIAL

<b>Year</b>	<b>Brand</b>	<b>Role type</b>	<b>Language</b>	<b>Production</b>	<b>Country</b>
2024	Sport TV	Lead	Italian	TRIX	Portugal
2024	ViiV Healthcare	Lead	English	Dare Planet Studio	Spain
2022	Sagres	Supporting lead	Portuguese	Playground	Portugal

## TRAINING

<b>Year</b>	<b>Course</b>	<b>Former/School</b>	<b>Country</b>
2021-24	Professional Degree in Acting	ACT – School of Actors	Portugal

2024	Workshop "Building a Character"	Lorena de las Bayonas	Spain
2024	Workshop "Interpretation is Creation"	Teresa Coutinho	Portugal
2024	Workshop "The Casting Process"	Jo Monteiro	Portugal
2023	Workshop "The Nature of the Character: Using Music as a Transformation Tool"	Lorena de las Bayonas, Centro del Actor	Spain
2023	Workshop on Acting for Film	David Bonneville	Portugal
2023	Workshop on Theatre	Ricardo Neves-Neves	Portugal
2022	Workshop "ERROR"	Marco Medeiros	Portugal
2021	Workshop on Cartoon Dubbing	Maria Camões	Portugal
2020-21	Degree in Dubbing and Voice-Acting in Spanish	35mm	Spain

## **SKILLS**

**Music:** Tenor; Musical Theatre; Pop Singing; Fado Singing; Flamenco Singing

**Dance:** Aerobic dance; Jazz dancing; Zumba

**Sports:** Swimming; Scuba diving; Basketball; Volleyball; Bodyboard; Weightlifting; Calisthenics; CrossFit

**Vehicle Licenses:** Car driving license; 50cc-motorcycle driving license

**Languages:** Portuguese (native); Spanish (native); English (fluent); Italian (fluent)